

Total Knee Arthroplasty Protocol Brigham And Womens

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Total Knee Arthroplasty Protocol - Brigham and Women's ...

Total Knee Arthroplasty Protocol: The intent of this physical therapy protocol is to provide the clinician with a guideline of the post-operative rehabilitation course of a patient who has undergone a total knee arthroplasty (TKA) at Brigham and Women's Hospital (BWH) It is by no means intended to be a

Knee- Total Knee Arthroplasty - Brigham and Women's Hospital

Surgical Approach for Total Knee Arthroplasty Standard Total Knee Arthroplasty is most often performed with the patient in a supine position and the knee exposed in flexion A 13-15 cm straight vertical incision is often made to expose the knee joint

Rehabilitation Protocol: Total Knee Arthroplasty (TKA)

Total knee arthroplasty (TKA) is an elective operative procedure to treat an arthritic knee This procedure replaces your damaged knee joint with an artificial knee implant Knee implants consist of (1) a metal piece attached to the end of your thigh bone, (2) a metal and plastic or ...

REHABILITATION GUIDELINES FOR TOTAL KNEE REPLACEMENT

REHABILITATION GUIDELINES FOR TOTAL KNEE REPLACEMENT 3 | P a g e References: Dr Karch's TKA protocol from 2015, Brigham and Women's Hospital TKA protocol PT name and date: Ariel Duvall 8/26/16 MD name and date: Karch 8/26/16 MAMMOTH ORTHOPEDIC INSTITUTE

TOTAL KNEE ARTHROPLASTY PROTOCOL

TOTAL KNEE ARTHROPLASTY PROTOCOL The following protocol should be used as a guideline for rehabilitation progression, but may need to be altered pending the nature and extent of the surgical procedure, healing restraints or patient tolerance

Proposed Rehab Protocol for Total Knee Replacement

Proposed Rehab Protocol for Total Knee Replacement Total Knee Arthroplasty Physical Therapy Protocol Phase I Immediate Postoperative Phase

(Day 0 - 10) Goals: o Active quad contraction o Safe independent ambulation with walker or crutches as needed o Passive knee extension to 0 degrees o Knee flexion to 90 degrees or greater

Total Knee Replacement: Rehabilitation Protocol*

Total Knee Replacement: Rehabilitation Protocol* This rehabilitation protocol was developed for patients who have had a cemented total knee arthroplasty Patients who have had a prior patellectomy or failed total knee replacement may require modifications in regards to the progression of ...

Outpatient Rehabilitation Guidelines for Total Knee ...

Outpatient Rehabilitation Guidelines for Total Knee Arthroplasty These rehabilitation guidelines are presented in a criterion based progression General time frames are given for reference to the average, but individual patients will progress at different rates depending on ...

TOTAL HIP ARTHROPLASTY PROTOCOL

TOTAL HIP ARTHROPLASTY PROTOCOL The following protocol should be used as a guideline for rehabilitation progression, but may need to be altered pending the nature and extent of the surgical procedure, healing restraints or patient tolerance Total hip precautions after surgery should be followed for 3 months and include:

Department of Rehabilitation Services Reverse Total ...

Reverse Total Shoulder Arthroplasty Protocol: The intent of this protocol is to provide the physical therapist with a guideline/treatment protocol for the postoperative rehabilitation management for a patient who has undergone a Reverse Total

Total Knee Replacement Protocol - Penrose Physical Therapy

Total Knee Replacement Protocol References: Adapted from Total Knee Arthroplasty Protocol of Department of Rehabilitation Services, Brigham & Women's Hospital, Boston, MA Weeks 1-4 PROM/AAROM/AROM - stretching for flexion (>90°) and extension Stationary bicycle - partial revolutions, increasing to full revolutions, without resistance

TOTAL HIP ARTHROPLASTY PROTOCOL (POSTERIOR ...

TOTAL HIP ARTHROPLASTY PROTOCOL (POSTERIOR APPROACH) 4 TO 6 WEEK GOALS: 1 Walk without a limp or assistive device 2 Stairs with a reciprocal pattern and NO railing to assist to ascend Rail use ok to descend 3 Single leg stance > 10 seconds 4 Stand from chair without upper extremity assistance D/C INSTRUCTIONS FROM THE HOSPITAL: 1

Rehabilitation Following Total Shoulder Arthroplasty

undergone a total hip arthroplasty or coronary artery bypass graft11 1 Clinical Supervisor, Outpatient Services, Department of Rehabilitation Services, Brigham and Women's Hospital, Boston, MA; Fellow, Center for Evidence-Based Imaging, Department of Radiology, Brigham ...

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Brigham and Women's Hospital Protocol - 3 Pages ____ Total Knee Arthroplasty Protocol Brigham and Women's Hospital Protocol - 3 Pages • Ability to demonstrate Quadriceps contraction and/or perform a straight leg raise (SLR) • Active knee range of motion (AROM) -10°-80°

TOTAL HIP ARTHROPLASTY / HEMI-ARTHROPLASTY POST ...

TOTAL HIP ARTHROPLASTY / HEMI-ARTHROPLASTY POST-SURGICAL REHABILITATION PROTOCOL (Posterior Approach) DISCHARGE CRITERIA To Rehabilitation Hospital -Independent / minimum assist with bed mobility - Ambulation with assistive device for 30 feet To Home -Independent bed mobility and transfers